
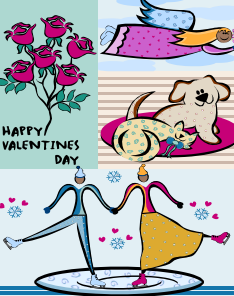










February 2010 Meadow Ridge



1M=1st floor Meditation Room 3C=Third fl Country Kitchen DD=Door to Door PD=Pre Dining Cafe
 2A=Second fl Arts and Crafts Rm 3E=Third fl Exercise Room DR=Dining Room PO=Patio
 2AG=Second fl Art Gallery 4A=Fourth fl Auditorium GR=Game Room
 2C=Second fl Country Kitchen 4C=Fourth fl Country Kitchen L=Lobby

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 	<p>1 Toe Tappers Bingo</p> <p>10:00 Bible Study with Jack Wilkins 4A</p> <p>11:00 Toe Tappers 3E *Try this fun chair tap dance class. No experience needed.</p> <p>2:30 Bingo 3E</p> <p>3:30 Watercolor Class 3E *Continuation of last month's classes</p>	<p>2 Ground Hog Day Low Vision Group</p> <p>10:30 Groundhog Quiz and Word Games in Country Kitchens</p> <p>11:15 Exercise Class 3E</p> <p>2:00 Lighthouse Low Vision Group 3E *Review this month's calendar together</p> <p>3:00 Trivia Tuesday 3C</p> <p>3:30 Watercolor Class 3E *Continuation of last month's classes</p>	<p>3 Kmart Trips (Sign up for trips in 1st Floor Mailroom)</p> <p>10:30 Morning Kmart Trip L</p> <p>11:15 Exercise Tape 3E</p> <p>2:00 Afternoon Kmart Trip L</p> <p>7:00 Movie Night 4A</p> 	<p>4 Family Photos</p> <p>10:30 Walk With God 4A</p> <p>11:15 Exercise Class 3E</p> <p>2:30 Family Photos by the Fireplace L *Tell us about yourself and show your photos</p> <p>3:30 Watercolor Class 3E *Continuation of last month's classes</p> 	<p>5 Art Show and Reception</p> <p>10:30 Door to Door Visits from Recreational Therapy staff (random visits)</p> <p>2:30 Make Strawberry Jello Pie and Hear History of Jello! 3C</p> <p>4:30-6:30 Chocolate Fondue Day in Dining Room</p> <p>6:30p.m Art Show and Reception for Artist Michael Fickes 2nd Floor Art Gallery *Meet this artist who is an Art major at Millersville U.</p>	<p>6 Movie and Popcorn</p> <p>10:30 Classical Music CDs and Refreshments 2C</p> <p>3:00 Men's Group 2C *Rootbeer Floats today!</p> <p>7:00 Movie and Popcorn 4A</p> 
<p>Mark here X</p>						
<p>7 Super Bowl</p> <p>2:15 Worship Service 4A *Our worship services are non-denominational. All are welcome. We also offer hearing devices.</p> <p>Pre Game Time Super Bowl Snacks in 4th Floor Country Kitchen</p> <p>7:00 Inspirational Movie 4A</p> 	<p>8 Bingo</p> <p>10:00 Bible Study with Jack Wilkins 4A</p> <p>2:30 Bingo 3E</p> <p>2:30 Classical Music and Refreshments in 2nd floor Art Gallery *Listen to recordings of your favorite classical music</p> 	<p>9 Hymn Time Accordion Concert</p> <p>11:15 Exercise Class 3E</p> <p>2:30 Hymn Time 4A *Sing along to your favorite hymns</p> <p>2:30 Steve Kuchenski Accordion Concert 2nd floor Art Gallery</p> 	<p>10 Chinese New Year</p> <p>11:00 Trip to Huckabees Tavern at Robert Fulton Steamboat Inn L *Sign up in 1st floor Mailroom</p> <p>11:15 Exercise tape 3E</p> <p>3:30 Try a Fortune Cookie and Learn About the Chinese Zodiac-What sign are you? 3E</p> <p>4:30-6:30 Chinese New Year in the Dining Room</p> <p>7:00 Movie Night 4A</p>	<p>11 Janina's Craft Corner</p> <p>10:30 Walk With God 4A</p> <p>11:15 Exercise Class 3E</p> <p>2:30 Janina's Craft Corner 3C *Janina will help you make a beautiful winter painting</p> 	<p>12 Valentine's Day Friendship Party</p> <p>10:30 Door to Door Visits from Recreational Therapy Staff (Random Visits)</p> <p>2:30 Valentine's Day Friendship Party 2AG *Join the Meadow Ridge Team Members for a time of fellowship and fun!</p> 	<p>13 Valentine Formal Night</p> <p>10:30 Valentine's Gourmet Drinking Chocolate 2C *Enjoy this warm, smooth delicacy</p> <p>2:30 Hand Massages 2C *Enjoy these chocolate lotion hand massages with vitamin E</p> <p>4:30-6:30 Formal Valentine Night in the Dining Room</p> <p>7:00 Movie and popcorn 4A</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
14 Valentine's Day "We Heart You!" 2:15 Worship Service 4A *Non-denominational, all welcome! 7:00 Inspirational Movie 4A 	15 President's Day Olympic Torch Carrying Starts Today 10:00 Bible Study With Jack Wilkins 4A 11:00 Toe Tappers 3E 2:00 President Word Searches in Country Kitchens 2:30 Presidential Jingo 3E (similar to Bingo) Presidents' favorite foods featured in the Dining Room All Day today	16 Fasnacht Day "Fasnachts for all in the Dining Room!" 11:15 Exercise Class 3E 2:30 Trivia Tuesday 4C 3:30 Golf Club 3E *Try this new inside golf game	17 Town Meeting 11:15 Exercise Tape 3E 12:00 New Resident Luncheon by Invitation in 4th Floor Country Kitchen 2:00 Town Meeting 4A 7:00 Movie Night 4A	18 People's Restaurant Trip Birthday Night 10:30 Walk With God 4A 11:15 Exercise Class 3E 11:30 People's Restaurant Trip in New Holland L *Sign up in 1st floor Mailroom 4:30-6:30 Birthday Night in the Dining Room	19 Meadow Ridge Olympics 10:30 Opening Ceremonies And Lighting of the Torch 2AG (Look for torch bearers today) 11:00 Olympic Checkers Competition 2A 11:00 Olympic Spelling Bee Competition 2AG 2:00 Olympic Word Search Competition 2AG 2:30 Closing Ceremonies and Canadian Pride Drinks 2AG	20 Culture Day Belgium! 10:30 Try Some Belgian Chocolate and Learn Why It's So Good! Meet Mafalda who grew up in Belgium 3C 11:00 Belgium Word Searches in Country Kitchens 2:30 Belgium Travelogue 4A 7:00 Movie Night 4A
Mark here for today X						
21 Worship Service 2:15 Worship Service 4A *Non-denominational, all welcome! 7:00 Inspirational Movie 4A 	22 Washington's Birthday 10:00 Bible Study with Jack Wilkins 4A 2:30 Bingo 3E 3:30 Have a Snack That Was Served at Mt. Vernon by the Washingtons 3C Cherry pie all day in the Dining Room!	23 Blue Ribbon Resident Day 11:15 Exercise Class 3E 12:00 Blue Ribbon Resident Luncheon by Invitation DR 2:30 Giant Crossword Puzzle 2C	24 Country Kitchen Breakfast 8:30-9:30 Country Kitchen Breakfast 2C *Sign up in 1st fl Mailroom 11:15 Exercise Tape 3E 2:30 Chicken Soup for the Soul Readings (go past the 1st floor Wellness Suite to the Bird Watching area) 7:00 Movie Night 4A	25 PA Proud Day Jim Thorpe, Town and Olympian 10:30 Walk With God 4A 11:15 Exercise Class 3E 2:00 Indian Corn Bread and Honey 3C 2:30 Jim Thorpe DVD Starring Burt Lancaster 3E	26 Lancaster Bead Company Trip 10:30 Door to Door Visits by the Recreational Therapy Staff (Random Visits) 1:30 Lancaster Bead Company Trip L Sign up for this in the 1st Floor Mailroom	27 Herb and Garden Club 10:30 Light House Low Vision Group-Manicures for Low Vision Residents 3E 2:30 Herb and Garden Club 3E *Plant indoor herbs 7:00 Movie Night 4A
28 Worship Service 2:15 Worship Service 4A *Non-denominational, all welcome! 7:00 Inspirational Movie 4A 